

25th Annual



July 6 - 9, 2017

Entry Deadline: June 2, 2017

Hosted by:

Lone Star Figure Skating Club

www.starsfsc.org

Dr Pepper StarCenter – Farmers Branch

12700 North Stemmons Freeway

Farmers Branch, TX 75234 (214) 432-3131

www.drpepperstarcenter.com

Lisa Phillips – 2017 Competition Chair

starsfscpresident@gmail.com

Debbie Page – 2017 Competition Registrar

ctoregistrar@gmail.com

Sanctioned by US Figure Skating www.usfsa.org

ISU WORLD, INTERNATIONAL & NATIONAL LEVEL OFFICIALS

NATIONAL SOLO DANCE SERIES QUALIFYING EVENT

IJS EVENTS FOR PRE-PRELIMINARY – SENIOR: SINGLES, DANCE & PAIRS

COMPETE USA & ADULT EVENTS

This event is a standard U.S. Figure Skating Nonqualifying Competition



The 2017 Cannon Texas Open will be conducted in accordance with the rules set forth in the 2017-2018 U.S. Figure Skating rules and any changes adopted at the May 2017 meeting of Governing Council. Please check for any technical updates on the U.S. Figure Skating website. Intermediate, Novice, Junior and Senior Short Programs will be those announced by U.S. Figure Skating for 2017-2018. At the Chief Referee's discretion, group sizes may exceed the current maximums in rule 2466.

This competition has been approved by U.S. Figure Skating as a qualifying event for the [National Solo Dance Series](#).

ELIGIBILITY: The competition is open to all eligible and re-instated persons who are U.S. Figure skating or Skate Canada members for the 2017-2018 season and who shall be eligible to enter events based on U.S. Figure Skating and/or Skate Canada test status as of June 2, 2017. Skaters representing a foreign association, except Canada, must include official permission from their association or federation. High Beginner, No Test, Pre-Preliminary, and Preliminary skaters will be grouped by birth date. The competition committee reserves the right to place such skaters in the class it deems appropriate.

ENTRIES: Registration due via **ENTRYEEZE by 9:59pm CST on June 2, 2017.**

NOTE (Skaters/Parents/Coaches): There will be a **\$30.00 change fee** assessed for each change to an event or level after the closing date of entries. Cancellations made for any reason prior to June 2, 2017 will be assessed a **\$50.00 cancellation fee**.

Notification of competition and practice ice times, schedules and announcements will be sent to your email through EntryEeze. Listing a **VALID** email address when you register is essential!

SINGLES EVENTS

Short Program and Free Skate programs will be considered separate events. Scores will NOT be combined

Skaters may only compete in ONE Free Skate event

Skaters may compete in TWO Short Program events (but not at the same level)

If entries warrant, a final round free skate will be held for Pre-Preliminary to Senior (including Open Juvenile).

Final Round free skate is based on the results of the Initial Round Free Skate Program ONLY

PAIRS EVENTS

Short Program and Free Skate programs will be considered separate events. Scores will NOT be combined.

COUPLES DANCE EVENTS

Couples Dance will be considered combined events.

Event Type	Comments	Fee
Combined Event	Couples Dance: Pre-Juvenile—Senior (Pre-Juvenile—Novice Pattern Dance & Free Dance, Junior—Senior Short Dance & Free Dance)	\$190 or \$95/skater
First IJS Event *	Singles: Pre-Preliminary—Senior (including Open Juvenile) Free Skate, Juvenile—Senior Short (including Open Juvenile) Pairs: Pre-Juvenile—Juvenile Free Skate, Intermediate—Senior Short Adults: Gold Singles, Masters Intermediate—Senior Singles, Gold Pairs, Masters Pairs, Pre-Gold Couples Dance, Gold Couples Dance, Masters Open Couples Dance	\$125 or \$65/skater (pairs, dance)
Additional IJS Event		\$65 or \$35/skater (pairs, dance)
First 6.0 Event (including National Solo Dance Series) *	Singles: No test—Preliminary, All Test Track levels Adults: Pre-Bronze—Silver Singles, Pre-Bronze--Silver Pairs, Masters Pairs, Centennial Pairs, Pre-Bronze--Silver Dance, Centennial Dance Dance: National Solo Dance Series, Pro-Am Showcase: All levels	\$105 or \$55skater (pairs, adult dance, Shadow Dance, duet Showcase)
Additional 6.0 Event		\$50 or \$25/skater (pairs, adult dance, Shadow Dance, duet Showcase)
Change Fee	Any change made to events AFTER entry deadline June 2, 2017	\$30
Cancellation Fee / Contested Charges	No refunds will be made after June 2, 2017 . Convenience fees will not be refunded.	\$50

*** If a Singles skater is skating in both an IJS and a 6.0 event, the first event will be assessed at the IJS entry fee, the second event at the additional 6.0 event entry fee.**

REFUND POLICY: Entry fees will not be refunded after June 2, 2017 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$50.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

FACILITIES: The competition will be held at Dr Pepper StarCenter – Farmers Branch, a northwest suburb of Dallas, at 12700 N Stemmons Frwy, Farmers Branch, TX 75234, approximately ¼ mile from LBJ (I-635) and Stemmons Frwy (I-35). The arena has two ice surfaces, each 200' X 85', a full service grille and pro shop.

MUSIC:

A. UPLOAD/SUBMISSION-Online music submission is the ONLY acceptable method to submit program music. The uploaded program MUST conform to the following specifications:

- Only one piece of competition program music (e.g. Short Program, Free Skate, etc.) per file is allowed.
- The uploaded file must be an **MP3** File. Simply changing the file extension to “mp3” from another file format is not acceptable.
- **Bit Rate of 192 kbps** or higher is requested.
- The file should not contain any ID3 metadata (tags). Especially **NO** embedded images such as album cover art, picture of the skater, etc.
- Leaders and trailers (the silence or “dead space” before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be **NO leaders or trailers** at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

After you have registered and paid for your events in EntryEeze, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the “competition” tab and then selecting “My Music”.

See *EntryEeze announcements on the main page for music submission **deadline date and time.***

B. BACKUP MUSIC AT EVENTS (CDs)

Competitors must submit their music online. In addition, all competitors MUST have at least one (1) backup CD rink side at practice sessions, where program music will be played, and during the actual competition event. CDs must meet the following requirements:

- Clearly marked with a permanent marker with the skater’s first and last name, event, and music length.
- Only one (1) music track. Any disk with more than one track is NOT acceptable.
- Lead in time on CDs may not exceed two (2) seconds.
- Music may NOT be submitted on re-recordable CDRW disks.

The LOC is NOT responsible for damage to or loss of CDs. CDs not picked up by the end of the competition are NOT the responsibility of the LOC and will be destroyed.

C. PENALTY FOR INCORRECT MUSIC OR FAILURE TO UPLOAD MUSIC

The LOC may assess each competitor an additional charge of \$25 per event if the competitor

- fails to submit their music prior to the close of online music submission,
- submits files that do not correspond to the specifications above, or
- submits either the incorrect music or needs to make changes to their music after the close of online music submission.

Competitors may NOT receive their credentials at registration until they pay the \$25 per event charge and turn in their music on CD, conforming to the requirements above.

LIABILITY: U.S. Figure Skating, Stars Figure Skating Club of Texas and Dr. Pepper StarCenter accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:**The International Judging System (IJS) will be used for the following events:**

- **Well Balanced Program Singles free skate events***: Pre-Preliminary—Senior (including Open Juvenile), Adult Gold, Adult Masters
- **Singles short program events**: Juvenile, Open Juvenile, Intermediate—Senior
- **Pairs free skate events**: Pre-Juvenile—Senior
- **Pairs short program events**: Intermediate—Senior
- **Couples dance events**: Pre-Juvenile—Senior, Adult Pre-Gold, Adult Gold, Adult Open, Adult Masters

All competitors skating in these events need to submit the Planned Program Content form (**PPC**) online. This form is found in the Members Only section at www.usfigureskating.org The deadline to submit the form is June 2, 2017.

The 6.0 Majority Judging System will be used for:

- **Well Balanced Program Singles free skate events***: Pre-Preliminary---Preliminary, Adult Pre-Bronze—Adult Silver
- **Singles Introductory events**: Beginner, High Beginner, No Test
- **Pairs free skate event**: Adult Pre-Bronze—Adult Silver, Adult Masters, Adult Centennial
- **Dance events**: National Solo Dance Series, Pro-Am, Adult Pre-Bronze—Adult Silver, Adult Centennial
- **Test Track events**: all levels
- **Compulsory moves**: all levels
- **Jumps**: all levels
- **Spins**: all levels
- **Showcase events**: all levels

***Pre-Preliminary and Preliminary Well Balanced Free Skate will be offered in both IJS & 6.0 judging systems.**

REGISTRATION: Registration will begin on Thursday, July 6, one hour before first event or practice and end on July 9. On competition days, registration will be open one hour before the first event and run through the last event of the day. The registration table will be located at the skate counter. Please register promptly upon arrival. Skaters must check in with the Ice Monitor at least one hour prior to event ice time.

PRACTICE ICE: Practice Ice will begin Thursday, July 6 and will be available with limited availability each day of the competition. Practice Ice will be sold through EntryEeze until Registration opens. Then Practice Ice will be sold at Registration, in person, for cash only. Practice ice will continue to be sold until sessions are full.

After close of entries, and by June 25, you will receive an email in order to access your practice ice record and select your session(s) via EntryEeze.

Final Round practice ice sessions may be purchased, at Registration Only, and only after results of the Initial Round (Qualifying Round) are posted.

Practice Ice is offered for all Free Skate (Well-Balanced and Test Track), Short Program, Compulsory Moves, Ice Dance, Pairs and Showcase events. Maximum of 1 Practice Ice sessions may be requested per skater per eligible event. For Ice Dance and Pairs, one exclusive practice ice session will be offered. Practice Ice will be 20 min in length and music will be played via a random draw. Practice Ice music must be submitted via separate and exclusive CD to be used only for practice ice. Not all skaters' music will be played. USFS Pattern Dance music will not be played unless it is Skater's Choice. Props are NOT allowed on practice ice sessions. Final Round Practice Ice will be 15 min in length, music will not be played, and sessions will be limited to 12 skaters. Learn to Skate/Compete USA (Basic Skills) Practice Ice will be 15 min in length and is available for Free Skate Program, Compulsory and Showcase events. Music will NOT be played on Basic Skills practice sessions.

Practice sessions will be organized according to level, whenever possible, and limited to 24 skaters (except final round). We reserve the right to cancel or change any practice session that has fewer than 5 skaters. All practice ice will be selected by skater. We will allow additional practice ice sales online for \$18.00 per session after the schedule has been posted and once those who pre-registered and pre-purchased sessions have had time to select their sessions. Practice

Ice sales will be available (if space permits), at the arena, when Registration opens on Thursday – for \$20.00 per session; payable in cash only. PRACTICE ICE SESSIONS ARE NOT REFUNDABLE AFTER CLOSE OF ENTRIES.

Practice Ice – 20 minutes (1 per skater/per event) :	On or before June 2 \$15	June 25-July 5 (if space available) \$18	July 6-9 (if space available) \$20
Learn to Skate/Compete USA (formerly Basic Skills) – 15 minutes :	On or before June 2 \$12	June 25-July 5 (if space available) \$14	July 6-9 (if space available) \$18

PHOTOGRAPHY/VIDEOGRAPHY: Video service and awards photos will be provided by Kevin Devine. The official photographer will be available to take group and individual photographs. The host committee reserves the right to restrict personal video recording to your skater's events only. Photography will be provided for action and podium photos. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. No flash photography during the warm ups or events. Video recording for personal profit is not allowed. Skaters are encouraged to participate in all group award photographs and award presentations, in skating costumes and skates.

AWARDS: Medals will be awarded to first, second and third place in all events. Ribbons will be awarded to fourth, fifth and sixth place. In the case that final rounds are held, trophies will be awarded to first place for Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior and Senior. At the request of and in memory of U.S. Figure Skating judge Joseph McKeever, M.D., the winner of the Intermediate Ladies Championship final (or the highest scoring competitor in Intermediate Ladies should there be no final round) will be presented the Dr. Joseph McKeever Award. The Dr. McKeever trophy may be presented on ice. All other awards will be presented off-ice at the photographer's stand fifteen minutes after each event. Skaters are encouraged to participate in all group award photographs and award presentations, in skating costumes and skates.

OFFICIAL NOTICES: An official bulletin board will be maintained at Dr. Pepper StarCenter. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive and check in with the Ice Monitor one hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C, or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – **no exceptions**. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation, which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

EVENT CONTACT INFORMATION:

Competition Chair
Lisa Phillips
starsfscpresident@gmail.com

Registrar
Debbie Page
ctoregistrar@gmail.com

Chief Referee
Hope Wheeler
hdwicesk8r@cox.net

Assistant Referee
Deb Alsen
alsendeb@gmail.com

Practice Ice
Lisa Phillips
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Program Advertising & Vendors
Debbie Page
starsfscvicepresident1@gmail.com

GENERAL EVENT INFORMATION:

HOST HOTEL: Omni Dallas Hotel at Park West at 1590 LBJ Freeway, Dallas, TX (972) 869-4300 located less than 3 miles east of the arena. To reserve by phone call 1-800-THE-OMNI or 1-800-842-6664. Mention “**Cannon Texas Open**” to receive the rate of **\$115.00 per night** plus tax for Double/Double up to four people per room. Reservations MUST be made by: **5:00pm, June 19, 2017** to receive the Cannon Texas Open special rates,

AIRPORT INFORMATION: DFW Airport is served by several major airlines. Dallas-Love Field is served by Southwest, United and Delta. Both airports are within close proximity to Farmers Branch Dr Pepper StarCenter.

COMPETITION PROGRAMS: For program advertising opportunities please contact: Debbie Page
StarsFSCVicePresident1@gmail.com

GATE ADMISSION: No admission fee will be charged for spectators.

QUICK FIND:

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ILLUSTRATION OF THE PROGRESSION THROUGH THE LEVELS OF U.S FIGURE SKATING

Singles athletes begin with the Learn to Skate USA program, then progress to the “introductory levels,” and finally choose whether to follow the test track or Well Balanced program category. Athletes may choose to move between test track and Well Balanced program at any point.

LEARN TO SKATE USA PROGRAM

Competition levels for skaters within Compete USA include:
 Snowplow Sam
 Basic 1-6, Adult 1-6, Hockey 1-4
 Pre-Free Skate and Free Skate 1-6

Once skaters have competed at the introductory level, and begin the official U.S. Figure Skating test structure, they may then choose whether to enter the “Test Track Free Skate” or “Well Balanced Free Skate” program. Test requirements for both categories are the same, it is completely the choice of the athlete which track to follow.

Skaters may begin or advance to the “introductory levels,” which are an introduction to competitive figure skating.

Beginner
High Beginner

INTRODUCTORY LEVELS

TEST TRACK FREE SKATE

- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Juvenile
- Intermediate
- Novice
- Junior
- Senior

WELL BALANCED PROGRAM FREE

- No-Test
- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Juvenile/Open
- Intermediate
- Novice
- Junior
- Senior

Skaters may choose, at any point, which track to follow. They may not, however, enter both events at the same competition. They may also move between the tracks at different nonqualifying competitions



SINGLES: TEST TRACK FREESKATE EVENTS

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted at all levels. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher. The 6.0 judging system will be used for all test track events.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element.
- 0.1 for any spin with less than required revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) • Single rotation jumps: Salchow, toe loop and loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) • One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One spin in one position, no change of foot (Min. 3 revolutions) • One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:15 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Any single jumps, including Axel, are permitted. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One solo spin in one position, no change of foot (Min. 4 revolutions). • One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) • Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:30 +/- 10 sec. Effective February 1, 2017, an additional ten seconds will be added to match program length. Program length is 2:40 +/- 10 sec.	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> • Any single jumps. • Double jumps permitted: double Salchow and double toe loop. • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One must be a flying spin (min 5 revolutions), • One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test

This event is a standard U.S. Figure Skating Nonqualifying Competition



Level	Jumps	Spins	Step Sequences	Qualifications
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	<i>Maximum of 7 jump elements for men and 6 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins, of a different nature:</i> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) <i>All spins may fly</i> 	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	<i>Maximum of 8 jump elements for men and 7 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins of a different nature:</i> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5 revolutions per foot) 	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	<i>Maximum of 8 jump elements for men and 7 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins of a different nature:</i> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<i>Men:</i> Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) <i>Ladies:</i> One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test

SINGLES: INTRODUCTORY LEVELS FREE SKATE PROGRAM

General event parameters:

- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> Two upright spins, no change of foot, no flying entry (Min. 3 rev) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 Maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> Two upright spins, change of foot optional, no flying entry (Min. 3 rev) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests

SINGLES: WELL BALANCED PROGRAM FREE SKATE

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted for all events.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. The 6.0 judging system will be used for No-Test, Limited Pre-Preliminary, Pre-Preliminary, Preliminary, Adult Pre-Bronze, Adult Bronze and Adult Silver. The IJS judging system will be used for Pre-Juvenile, Open Pre-Juvenile, Juvenile, Open Juvenile, Intermediate-Senior, Adult Gold, Masters Intermediate - Senior.
5. **All relevant and appropriate IJS rules will be used. Any changes that occur at the 2017 Governing Council for the elements for the 2017-2018 season will be in effect for this competition and supersede the listing below. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs".**

2016-17	JUMP ELEMENTS	SPINS	STEP SEQUENCES
NO TEST 1:40 maximum *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> All single jumps allowed except for the single Axel <ul style="list-style-type: none"> No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted. Jump sequences limited to a maximum of 3 single jumps 	Max 2 Spins <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	Max 1 Sequence <ul style="list-style-type: none"> Step Sequence <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence <p>If IJS is used, then: ChSt</p>
PRE-PRELIMINARY 1:40 maximum *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> All single jumps, including the single Axel, allowed <ul style="list-style-type: none"> No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted. Jump sequences limited to a maximum of 3 single jumps 	Max 2 Spins <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	Max 1 Sequence <ul style="list-style-type: none"> Step Sequence <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence <p>If IJS is used, then: ChSt</p>
PRELIMINARY 1:30 +/- 10 sec *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel or a waltz jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) <ul style="list-style-type: none"> Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump permitted Jump sequences limited to a maximum of 3 single or double jumps. 	Max 2 Spins <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	Max 1 Sequence <ul style="list-style-type: none"> Step Sequence <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence <p>If IJS is used, then: ChSt</p>

2016-17	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<p>PRE-JUVENILE</p> <p>2:00 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single and double jumps allowed except for the double Axel <ul style="list-style-type: none"> ○ No triple or quadruple jumps allowed ○ An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination ○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Max 2 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted ○ Jump sequences limited to a maximum of 3 single or double jumps 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> ○ May start with a flying entry ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ No change of foot ○ May start with a flying entry ○ Min 4 revs <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • Step Sequence <ul style="list-style-type: none"> ○ Must fully utilize the ice surface ○ Moves in the field and spiral sequences are permitted but will not be counted as elements ○ Jumps may be included in the step sequence <p>If IJS is used, then: ChSt</p>
<p>JUVENILE and OPEN JUVENILE</p> <p>2:15 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single and double jumps, including the double Axel, allowed <ul style="list-style-type: none"> ○ No triple or quadruple jumps allowed ○ No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence <ul style="list-style-type: none"> ▪ If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump can be included more than twice • Max 2 jump combinations or sequences <ul style="list-style-type: none"> ○ Jump combinations limited to 2 jumps except one may be a 3-jump combination with a max of 2 double jumps and 1 single jump ○ Number of jumps in jump sequence is not limited 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 8 revs ○ Min 2 revs in each position ○ Must have all 3 basic positions to receive full value. • 1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> ○ Min 5 revs <p>Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One choreographic step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
<p>INTERMEDIATE</p> <p>2:40 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 6 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single, double and triple jumps allowed <ul style="list-style-type: none"> ○ No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated ○ If any double or triple jumps, including double Axel, are repeated, at least one attempt must be part of a jump combination or sequence <ul style="list-style-type: none"> ▪ If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double or triple jump can be included more than twice • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Combinations are limited to 2 jumps ○ One 3-jump combination is permitted ○ Number of jumps in jump sequence is not limited 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 8 revs ○ Min 2 revs in each position ○ Must have all 3 basic positions to receive full value. • 1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> ○ Min 5 revs <p>Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One <u>leveled</u> step sequence* <ul style="list-style-type: none"> ○ <u>Maximum of Level 2. Only Simple Variety (seven turns) and rotation in each direction covering at least a 1/3 of the pattern in total for each rotational direction will be evaluated for the level.</u> ○ Must fully utilize the ice surface

2016-17	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<p>NOVICE LADIES</p> <p>3:00 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 6 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single, double and triple jumps are allowed <ul style="list-style-type: none"> ○ No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence. <ul style="list-style-type: none"> ▪ If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Combinations limited to 2 jumps ○ One 3-jump combination is permitted ○ Number of jumps in jump sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ Min 2 revs in each position ○ Must have all 3 basic positions to receive full value. • 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> ○ Min 6 revs • 3rd spin is option of skater <p>All spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
<p>NOVICE MEN</p> <p>3:30 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single, double and triple jumps are allowed <ul style="list-style-type: none"> ○ No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least one attempt must be part of a jump combination or sequence. <ul style="list-style-type: none"> ▪ If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Combinations limited to 2 jumps ○ One 3-jump combination is permitted ○ Number of jumps in jump sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ Min 2 revs in each position ○ Must have all 3 basic positions to receive full value. • 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> ○ Min 6 revs • 3rd spin is option of skater <p>All spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
<p>JUNIOR LADIES</p> <p>3:30 +/- 10 sec</p> <p>*means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Jumps can contain any number of revolutions <ul style="list-style-type: none"> ○ Of all the triples or quads, only 2 can be executed twice <ul style="list-style-type: none"> ▪ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Combinations limited to 2 jumps ○ One 3-jump combination is permitted ○ Number of jumps in a sequence is not limited 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ Min 2 revs in each position ○ Must have all 3 basic positions to receive full value. • 1 spin with a flying entry* <ul style="list-style-type: none"> ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ Min 6 revs <p>All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p>Max 1 Sequence</p> <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface

2016-17	JUMP ELEMENTS	SPINS	STEP SEQUENCES
JUNIOR MEN 4:00 +/- 10 sec *means element is required	Max 8 Jump Elements <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Jumps can contain any number of revolutions <ul style="list-style-type: none"> ○ Of all the triples or quads, only 2 can be executed twice <ul style="list-style-type: none"> ▪ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Combinations limited to 2 jumps ○ One 3-jump combination is permitted ○ Number of jumps in a sequence is not limited 	Max 3 Spins <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ Min 2 revs in each position ○ Must have all 3 basic positions to receive full value. • 1 spin with a flying entry* <ul style="list-style-type: none"> ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface
SENIOR LADIES 4:00 +/- 10 sec *means element is required	Max 7 Jump Elements <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Jumps can contain any number of revolutions <ul style="list-style-type: none"> ○ Of all the triples or quads, only 2 can be executed twice <ul style="list-style-type: none"> ▪ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Combinations limited to 2 jumps ○ One 3-jump combination is permitted ○ Number of jumps in a sequence is not limited 	Max 3 Spins <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ Min 2 revs in each position ○ Must have all 3 basic positions to receive full value. • 1 spin with a flying entry* <ul style="list-style-type: none"> ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 2 Sequences <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface • One choreographic sequence* <ul style="list-style-type: none"> ○ Must be clearly visible
SENIOR MEN 4:30 +/- 10 sec *means element is required	Max 8 Jump Elements <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Jumps can contain any number of revolutions <ul style="list-style-type: none"> ○ Of all the triples or quads, only 2 can be executed twice <ul style="list-style-type: none"> ▪ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value ○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence • Max 3 jump combinations or sequences <ul style="list-style-type: none"> ○ Combinations limited to 2 jumps ○ One 3-jump combination is permitted ○ Number of jumps in a sequence is not limited 	Max 3 Spins <ul style="list-style-type: none"> • 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ○ Min 10 revs ○ Min 2 revs in each position ○ Must have all 3 basic positions to receive full value. • 1 spin with a flying entry* <ul style="list-style-type: none"> ○ Min 6 revs • 1 spin with only 1 position* <ul style="list-style-type: none"> ○ Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 2 Sequences <ul style="list-style-type: none"> • One leveled step sequence* <ul style="list-style-type: none"> ○ Must fully utilize the ice surface • One choreographic sequence* <ul style="list-style-type: none"> ○ Must be clearly visible

2016-17	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<p>CHAMPIONSHIP MASTERS JUNIOR-SENIOR & MASTERS JUNIOR-SENIOR</p> <p>3:40 maximum * means element is required</p>	<p>Max 7 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Max 3 combinations or sequences • 1 jump combination may contain three jumps; the remaining jump combinations are limited to two jumps • Number of jumps in sequence is unlimited, but only the two highest-value jumps in a jump sequence will be counted • No Axels or multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 5 revs total if no change of foot • Min 4 revs each foot if change of foot • Min 2 revs in each position 	<p>Max 1 Step Sequence</p> <ul style="list-style-type: none"> • 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) • Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<p>CHAMPIONSHIP MASTERS INTERMEDIATE-NOVICE & MASTERS INTERMEDIATE-NOVICE</p> <p>3:10 maximum * means element is required</p>	<p>Max 6 Jump Elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Max 3 combinations or sequences • 1 jump combination/sequence may contain three jumps; the remaining jump combinations/sequences are limited to two jumps • Each jump may be repeated only once, and only as part of combination or sequence • All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop • Only one double-double jump combination or sequence is permitted • Double flip, double Lutz, double Axel and triple jumps are not permitted 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 5 revs total if no change of foot • Min 4 revs each foot if change of foot • Min 2 revs in each position 	<p>Max 1 Step Sequence</p> <ul style="list-style-type: none"> • 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) • Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<p>CHAMPIONSHIP ADULT GOLD & ADULT GOLD</p> <p>2:40 maximum</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> • Max 3 combinations or sequences • 1 jump combination/sequence may contain three jumps; the remaining jump combinations/sequences are limited to two jumps • Each jump may be repeated only once, and only as part of combination or sequence • All single jumps, including the single Axel, are permitted, as are the following double jumps: double toe loop, double Salchow. • No double-double jump combinations or sequences are permitted • Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted 	<p>Max 3 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 4 revs total if no change of foot • Min 4 revs each foot if change of foot • Min 2 revs in each position 	<p>Max 1 Step Sequence</p> <ul style="list-style-type: none"> • 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) • Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<p>CHAMPIONSHIP ADULT SILVER AND ADULT SILVER</p> <p>2:10 maximum</p>	<p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> • Max 2 combinations or sequences • 1 combination/sequence may consist of three jumps, and the other may have only two jumps • Additional jump sequences which contain non-listed jumps of not more than one revolution performed as part of connecting footwork preceding single jumps are permitted • Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) • All single jumps are permitted, including single Axel. • No double or triple jumps are permitted 	<p>Max 2 Spins</p> <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 3 revs total if no change of foot • Min 3 revs each foot if change of foot • Min 2 revs in each position 	<p>Max 1 Sequence</p> <p>To be chosen from:</p> <ul style="list-style-type: none"> • Step sequence or • Spiral sequence (any pattern) <p>Must use at least ½ ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p> <p>If IJS is used, then: ChSt</p>

2016-17	JUMP ELEMENTS	SPINS	STEP SEQUENCES
ADULT BRONZE 1:50 maximum	Max 4 Jump Elements <ul style="list-style-type: none"> • Max 2 combinations or sequences; • 1 combination/sequence may consist of three jumps, and the other may have only two jumps • Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) • All single jumps are permitted (except single Axel) • No single Axel, double or triple jumps are permitted 	Max 2 Spins <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 3 revs total if no change of foot • Min 3 revs each foot if change of foot • Min 2 revs in each position • No flying spins are permitted 	Max 1 Sequence <p>To be chosen from:</p> <ul style="list-style-type: none"> • Step sequence or • Spiral sequence (any pattern) <p>Must use at least ½ ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p> <p>If IJS is used, then: ChSt</p>
ADULT PRE BRONZE 1:40 maximum	Max 4 Jump Elements <ul style="list-style-type: none"> • Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included • 1 jump combination/sequence may consist of three jumps, and the other may have only two jumps. • Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) • Only single and half-revolution jumps are allowed • No single Lutz, single Axel or double jumps are allowed 	Max 2 Spins <ul style="list-style-type: none"> • Min 3 revs • Spins with a flying entry are not permitted 	Max 1 Sequence <ul style="list-style-type: none"> • Connecting steps throughout the program are required

SINGLES: SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for referring to the U.S. Figure Skating rulebook for rules, program length, etc. All relevant and appropriate IJS rules will be used. **Any changes that occur at the 2017 Governing Council for the elements for the 2017-2018 season will be in effect for this competition and supersede the listing below.** Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org under "Technical Information," then "Singles/Pairs."

- A. Juvenile/Open Juvenile short program – Rule 4230 (Intermediate Short Program)
- B. Intermediate short program – Rule 4230
- C. Novice short program – Rule 4220
- D. Junior short program – Rule 4210
- E. Senior short program – Rule 4200

SINGLES: COMBINED SHORT PROGRAM & WELL BALANCED FREE SKATE EVENTS

The Combined Short Program and Free Skate event is NO LONGER offered. Register for either the short program, the free skate, or both. Skating the short program at two levels (test level and one above) is allowed.

SINGLES: INITIAL / FINAL ROUND FREE SKATE

(FREE SKATE EVENTS) If entries warrant, a final round free skate will be held for Pre-Preliminary—Senior (including Open Juvenile). Final round based on Initial Round (Qualifying Round) Free Skate program ONLY.

SINGLES: COMPULSORY MOVES - INTRODUCTORY EVENTS

In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- Moves may be performed in any order.
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional) 4. Forward or backward spiral
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin - minimum three revolutions 4. Forward or backward spiral
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions 4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.

SINGLES: COMPULSORY MOVES- STANDARD / ADULT EVENTS

- Pre-Preliminary – Juvenile, Adult Pre-Bronze – Adult Silver: Elements skated on ½ ice
- Intermediate – Senior, Adult Gold/Masters Levels: Elements skated on full-ice
- Elements may be performed only once
- Moves may be performed in any order
- Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Toe Loop 2. Jump combination: single/single (no Axel) 3. Sit spin or camel spin - minimum three revolutions 4. Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Lutz 2. Jump combination: single/single (may include Axel) 3. Back upright spin - minimum three revolutions 4. Forward inside spiral
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Single jump (may include Axel) 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – circular
Juvenile & Open Juv	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – circular
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Double Salchow or double toe loop 2. Jump combination: single/single or double/single 3. Flying spin, minimum five revolutions 4. Step sequence – straight line
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Double loop 2. Jump combination: double/single or double/double 3. Flying spin - minimum five revolutions 4. Step sequence – straight line
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Double flip 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line

Level	Time	Skating rules/standards
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Double Lutz 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line
Adult Pre-Bronze	1:15	<ol style="list-style-type: none"> 1. Backward crossovers (Min. 5 consecutive) 2. Waltz jump 3. Forward upright spin (Min. 3 revolutions) 4. Forward outside spiral
Adult Bronze	1:15	<ol style="list-style-type: none"> 1. Single Salchow 2. Waltz jump – toe loop combination jump 3. Sit spin (Min. 3 revolutions) 4. Spiral sequence (Min. 2 spirals)
Adult Silver	1:30	<ol style="list-style-type: none"> 1. Single loop 2. Single/single jump combination 3. Sit spin (Min. 3 revolutions) 4. Straight line step sequence
Adult Gold/Masters	1:30	<ol style="list-style-type: none"> 1. Single Lutz or Axel 2. Single/single or single/double jump combination 3. Camel spin (Min. 4 revolutions) 4. Straight line step sequence

SINGLES: JUMPS CHALLENGE

1. Each jump may be attempted twice; the best attempt will be counted.
2. Adult silver and lower, pre-juvenile and lower will be skated $\frac{1}{2}$ ice; juvenile – senior, adult gold/masters will be skated on full ice
3. Jumps with an “*” must be preceded with connecting steps (intermediate – senior)

Level	Ice	Time	Skating rules / standards
Beginner	$\frac{1}{2}$ ice	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. $\frac{1}{2}$ flip or $\frac{1}{2}$ Lutz 3. Single Salchow
High Beginner	$\frac{1}{2}$ ice	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop
No Test	$\frac{1}{2}$ ice	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination – Any two $\frac{1}{2}$ or single revolution jumps (no Axel)
Pre – Preliminary	$\frac{1}{2}$ ice	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination - Any two $\frac{1}{2}$ or single revolution jumps (no Axel)
Preliminary	$\frac{1}{2}$ ice	1:15 max.	<ol style="list-style-type: none"> 1. Single flip 2. Single Lutz 3. Jump combination – Any single jump + single loop (may be Axel)
Pre-Juvenile	$\frac{1}{2}$ ice	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Single or double jump 3. Jump combination – single/single (no Axel)
Juvenile & Open Juv.	Full ice	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double Salchow 3. Jump combination – single/single or double/single (no Axel)
Intermediate	Full ice	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double loop* 3. Jump combination – double/single (no Axel)
Novice	Full ice	1:15 max.	<ol style="list-style-type: none"> 1. Double loop 2. Double flip* 3. Jump combination – double/double (may be double Axel)
Junior	Full ice	1:15 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump 2. Double or triple flip* 3. Jump combination – double/double (may be double Axel)

Level	Ice	Time	Skating rules / standards
Senior	Full ice	1:15 max.	<ol style="list-style-type: none"> Choice of double or triple jump Double or triple Lutz* Jump combination – double/double or triple/double (may be double Axel)
Adult Pre-Bronze	½ ice	1:15 max.	<ol style="list-style-type: none"> Waltz Jump Combination - Waltz-Toe Loop ½ Flip
Adult Bronze	½ ice	1:15 max.	<ol style="list-style-type: none"> Salchow Loop Jump combination – single/single
Adult Silver	½ ice	1:15 max.	<ol style="list-style-type: none"> Flip Loop Jump combination – single/single
Adult Gold/Masters	Full ice	1:30 max.	<ol style="list-style-type: none"> Lutz Axel Jump combination – any two different jumps (may be doubles)

SINGLES: SPINS CHALLENGE

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions is noted in parentheses.
- No spin may have a flying entry unless stated.
- Entrants in Spins may enter any level at or above that which they qualify but may not skate down. Competitors may enter multiple spin events (6.0 & IJS) at more than 1 level.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ol style="list-style-type: none"> Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
High Beginner	1:30 max.	<ol style="list-style-type: none"> Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
No Test	1:30 max.	<ol style="list-style-type: none"> Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
Pre – Preliminary	1:30 max.	<ol style="list-style-type: none"> Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
Preliminary	1:30 max.	<ol style="list-style-type: none"> Backward upright spin (3) Combination spin with no change of foot (4) Sit spin (3)
Pre-Juvenile	1:30 max.	<ol style="list-style-type: none"> Camel spin (3) Combination spin – camel to sit spin; no change of foot (6) Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv	1:30 max.	<ol style="list-style-type: none"> Sit spin (4) Combination spin – change of foot; optional change of position (4 per foot) Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	<ol style="list-style-type: none"> Flying camel spin (5) Sit spin to backward sit spin (4 per foot) Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	<ol style="list-style-type: none"> Choice of camel, sit or layback spin (6) Camel spin to backward camel spin (4 per foot in position) Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	<ol style="list-style-type: none"> Flying sit spin or flying reverse sit spin (6) Ladies – layback spin (6); men – cross-foot spin (6) Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	<ol style="list-style-type: none"> Flying spin of choice (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Level	Time	Skating rules / standards

Adult Pre-Bronze	1:15 max.	1. One foot upright (3) 2. Two foot (3) 3. Pivot
Adult Bronze	1:30 max.	1. One foot upright (4) 2. One Back spin (entry optional) (3) 3. Sit, Broken Leg or Attitude (3)
Adult Silver	1:30 max.	1. Forward camel (3) 2. Layback, Attitude or Sit (4) 3. Combination spin – only one change of position – change of foot optional (3 per position)
Adult Gold/Masters	1:30 max.	1. Solo spin of choice (5) – may not fly 2. Flying spin of choice (4) 3. Combination spin – only one change of foot and at least two changes of position (4 per foot)

PAIRS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for referring to the U.S. Figure Skating rulebook for rules, program length, etc. All relevant and appropriate IJS rules will be used. **Any changes that occur at the 2017 Governing Council for the elements for the 2017-2018 season will be in effect for this competition and supersede the listing below.** Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under “Technical Information,” then “Singles/Pairs.” All events are separate events.

PAIRS EVENTS OFFERED (no combined events):

Pre-Juvenile Free Skate
Juvenile Free Skate
Intermediate Short Program
Intermediate Free Skate
Novice Short Program
Novice Free Skate
Junior Short Program
Junior Free Skate
Senior Short Program
Senior Free Skate

Adult Bronze Free Skate
Adult Silver Free Skate
Adult Gold Free Skate
Adult Masters Free Skate
Adult Centennial Free Skate

SHOWCASE

A. Dramatic Entertainment (Solo)

Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.

B. Light Entertainment (Solo)

Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.

C. Duets

Duets are theatrical or artistic performances by any two competitors.

Note: For all Dramatic Entertainment, Light Entertainment and Duet events:

- Skaters may enter only one duet event each.
- Props and scenery are permitted
- General event parameters: The highest free skate or dance (solo or partnered) test passed determines the level. For duets, this is based on the highest test level passed by any one member of the duet. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.
- Current guidelines and procedures for non-qualifying showcase competitions can be found at www.usfigureskating.org under “Programs” on the National Showcase page.

SKATERS MUST COMPETE AT THE HIGHEST LEVEL FOR WHICH THEY QUALIFY**For Solo Dramatic Entertainment, Solo Light Entertainment, and Duet:**

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate OR Dance (solo or partnered) Test	Age	Time
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
Adult Bronze	Adult Bronze Free Skate OR Preliminary Free Skate OR Juvenile Free Dance OR Complete Pre-Bronze Dance Test**	Adult Silver Free Skate OR Juvenile Free Skate OR Adult Silver Free Dance OR Intermediate Free Dance OR Preliminary Free Dance (prior to 9/2/2000) OR Any Pre-Silver Dance**	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate OR Juvenile Free Skate (prior to 10/1/94) OR Pre-Juvenile Free Skate OR Adult Silver Free Dance OR Intermediate Free Dance OR Preliminary Free Dance (prior to 10/1/77) OR One Pre-Silver Dance Test**	Adult Gold Free Skate OR Juvenile Free Skate (on or after 10/1/94) OR Adult Gold Free Dance OR Novice Free Dance OR Bronze Free Dance (prior to 9/2/2000) OR 4 th Figure (prior to 10/1/77) OR Any One Pre-Gold Dance**	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate OR Juvenile Free Skate OR Adult Gold Free Dance OR Novice Free Dance OR 3 rd Figure Test (prior to 10/1/77) OR One Pre-Gold Dance Test**	Intermediate Free Skate (on or after 10/1/91) OR Junior Free Dance OR Silver Free Dance (prior to 9/2//2000) OR 5 rd Figure Test (prior to 10/1/77) OR Complete Pre-Gold Dance Test**	21 and older	1:40 max
Masters	Intermediate Free Skate OR Adult Gold Free Dance OR Junior Free Dance OR Silver Free Dance (prior to 9/2//200) OR 3 rd Figure Test (prior to 10/1/77) OR 8 rd Figure Test (between 10/1/77 and 9//30/79) OR Complete Pre-Gold Dance Test**		21 and older	1:40 max

* For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply, and the same level must be chosen for all events at the competition (for example, a skater may not compete in Masters Intermediate Free Skate and Adult Gold Dramatic/Light Entertainment events at the same competition). For all other competitions, skaters must compete at their test level or one level higher, per the above chart. For Basic Skills levels and events, please refer to the U.S. Figure Skating Compete USA Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

**IMPORTANT- As of May 1, 2017, Pattern Dance Tests will no longer qualify adult athletes to compete in Showcase Events. Athletes currently competing based on pattern dance tests will need to pass a free dance test (solo, partnered, standard, adult, or masters) to compete in showcase events after April 30, 2017.

Showcase Events - Basis of Judging

- Performances will be judged for theatrical and artistic qualities, from an entertainment standpoint.
- Technical skating skill and difficulty will not be rewarded as such; however, skating must be the major element of the performance and of sufficient quality to support the theatrical elements chosen.
- **Unintended falls, poorly executed skating elements and obvious losses of control will reduce the contestants' marks.**
- Theatrical elements evaluated will include: energy, poise, acting, gestures, eye contact, choreography, form, extension, and the use of costumes, ice and props.
- One performance mark will be assigned each performance by each judge using the 6.0 majority scoring system. No technical skating mark will be used.
- **Any overtime penalties will be posted with the results.**

Showcase Events – Specifics

- There is no minimum time requirement.
- Entries will not be separated by gender. Groups will be no larger than six entries. It takes two entrants (singles or teams) to hold a competitive event. Levels may be combined to hold an event. In instances where only one performer or team enters an event, that entrant may choose to perform and compete for a medal or withdraw from the event with fees refunded.
- There will be a 0.2 deduction for up to every 5 seconds in excess of the maximum performance/prop placement times. Posted results will display any such deductions.
- Timing starts with the first motion of the body and ends when the motion stops.
- Props and scenery must be placed and removed by single and duet contestants within one (1) minute; by ensemble contestants within two (2) minutes. No assistance is allowed; violations will be penalized .2 for each 5 seconds excess time or for each act of assistance. Posted results will display any such deductions.
- SAFETY: Props, scenery and costumes considered hazardous will not be allowed on the ice. This prohibition includes the release of helium balloons, use of fire, any hazardous item, dry ice, feathers, etc. If a performer has any doubt concerning the safety of his/her performance, the Competition Chairperson should be consulted.
- **NATIONAL SHOWCASE: A COMPETITION IN THEATRICAL SKATING: Singles competitors who place 1st through 4th in Adult, Preliminary and higher showcase singles events may qualify for the next National Showcase. Eligible skaters will have placed 1st through 4th as previously described and will have met test prerequisites. Duets and ensembles need not qualify for National Showcase. Please contact:**
Melissa Bowman, patinage.tx@gmail.com National Vice Chair for Showcase.

DANCE: COUPLES DANCE

Couples Dance is a combined event. All segments to be skated as indicated in the current rules as set forth by USFS for the skating year starting July 1. Dance competition will be in accordance with the Rules 6000-6922 (2017-2018 technical rules, pending); please refer to the final dance charts posted on USFS website following Governing Council. For events with pattern dances, the pattern dances will be competed in the order listed. Junior and Senior Short Dance: Rhythms and Dances as prescribed by the 2017 ISU Congress. Short Dance and Free Dance times are +/- 10 seconds. Any changes that occur at the 2017 Governing Council for the dance requirements for the 2017-2018 season will be in effect for this competition. **Please refer back to the cover page of Entryeeze for any dance technical requirement updates as they become available.**

Required segments listed below for 2017-2018. Pattern Dances will be competed in order listed.

Level	Pattern Dance 1	Pattern Dance 2	Short Dance Time	Free Dance Time
Pre-Juvenile	Dutch Waltz	Cha Cha	-	-
Juvenile	Foxtrot	ChaCha	-	2:15
Intermediate	Tango	Fourteenstep	-	2:30
Novice	Argentine Tango	Quickstep	-	3:00
Junior	-	-	2:50	3:30
Senior	-	-	2:50	4:00
Adult Pre-Bronze	Dutch Waltz	Rhythm Blues	-	-
Adult Bronze	Cha Cha	Ten Fox	-	-
Adult Pre-Silver	Willow Waltz	Hickory Hoedown	-	-
Adult Silver	European Waltz	Fourteestep	-	-
Adult Pre-Gold	Rocker Foxtrot	Kilian	-	3:10 max
Adult Gold	Paso Doble	Westminster Waltz	-	3:10 max
Masters Open	Westminster Waltz	Rhumba	-	3:10 max
Adult Centennial	Fourteenstep	American Waltz	-	-

This event is a standard U.S. Figure Skating Nonqualifying Competition



FREE DANCERefer to www.usfsa.org for 2017-2018 for requirements**SHORT DANCE**Refer to www.usfsa.org for 2017-2018 for requirements**DANCE: PRO-AM DANCE**

Dance teams will consist of one eligible skater partnered by a coach. A coach is defined as a person (eligible or ineligible) who receives direct financial benefit for instructing figure skating, excluding those teaching ONLY group lessons. A coach may skate with eligible skaters at different test levels. The requirements for ALL dances are OPEN. Eligible skaters may participate in as many events as they like. Coaches are not limited. The number of patterns/sequences to be skated is in parentheses.

Dance	Patterns	Dance	Patterns
Canasta Tango	2	Paso Doble	2
Cha Cha	2	Starlight Waltz	2
Ten Fox	2	Quickstep	2
Fourteenstep	2	Westminster Waltz	2
Silver Tango	2	Cha Cha Congelado	2
Rocker Foxtrot	2	Rhumba	2



The Cannon Texas Open is a participating competition within the 2017 Solo Dance Series!

The solo pattern dance event, solo combined event, and shadow dance events are being offered as part of the 2017 U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2017 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id=479>. Please refer to the 2017 Solo Dance Series handbook for the current Series rules, levels and event requirements that will be in effect for this competition.

2017 SOLO DANCE SERIES EVENTS BEING OFFERED:**A. SOLO PATTERN DANCE EVENT**

Level	Requirement	Dances	
Preliminary	No Test or passed Preliminary	Dutch Waltz	Canasta Tango
Pre-Bronze	Passed Preliminary or Pre-Bronze	Cha Cha	Fiesta Tango
Bronze	Passed Pre-Bronze or Bronze	Hickory Hoedown	Willow Waltz

This event is a standard U.S. Figure Skating Nonqualifying Competition



Pre-Silver	Passed Bronze or Pre-Silver	Fourteenstep	European Waltz
Silver	Passed Pre-Silver or Silver	Tango	Rocker Foxtrot
Pre-Gold	Passed Silver or Pre-Gold	Blues	Paso Doble
Gold	Passed Pre-Gold, or Gold	Quickstep	Argentine Tango
International	Passed Gold or International	Silver Samba	Tango Romantica

- All pattern dances should start on the judges side, unless directed otherwise by the referee.
- Competitors will perform the specified number of sequences (patterns) as indicated in the Solo Dance Series Handbook, in accordance with Rule 6075 of the US Figure Skating Rulebook.
- Dances in Solo Pattern Dance Event will be scheduled at the discretion of the Chief Referee and may be competed consecutively or with a break in between. A random draw will determine the skating order of dances.

B. SOLO COMBINED DANCE EVENT

The solo combined dance event is comprised of the following two events (as applicable by level):

- 1.) **For Juvenile, Intermediate and Novice:** one of two solo pattern dances drawn at the competition from the two designated solo pattern dances selected by U.S. Figure Skating, as listed below. The selected dance will be posted with the skating order.

Pattern Dance selection for Juvenile: **Willow Waltz OR Ten Fox**

Pattern Dance selection for Intermediate: **Fourteenstep OR European Waltz**

Pattern Dance selection for Novice: **American Waltz OR Rocker Foxtrot**

For Junior and Senior: one solo short dance

- 2.) **For Juvenile thru Senior:** one solo free dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count toward the solo pattern dance event or results.

C. SHADOW DANCE EVENT

The Shadow pattern dance event is comprised of one pattern dance at each level. A random draw will be held to determine the starting order. The specific pattern dance at each level will be listed within the individual competition announcements. The team may be comprised of two females, two males or one female and one male. In any case, the steps skated shall be the lady's steps.

- All pattern dances should start on the judges side, unless directed otherwise by the referee.

Level	Requirement	Dance
Preliminary	One partner must not have passed higher than the complete pre-bronze dance test	• Rhythm Blues
Juvenile	One partner must not have passed higher than the complete pre-silver dance test	• Cha Cha
Intermediate	One partner must not have passed higher than the complete silver dance test	• Fourteenstep
Novice	One partner must not have passed higher than the complete pre-gold dance test	• Rocker Foxtrot
Junior	One partner must not have passed higher than the complete gold dance test	• Kilian
Senior	Open	• Quickstep

This event is a standard U.S. Figure Skating Nonqualifying Competition



Practice Ice Policies and Procedures

Procedures:

- RESERVE PRACTICE ICE ONLINE AT THE ENTRYEEZE EVENT WEBSITE

Policies:

- Pre-payment is REQUIRED before a practice ice session is reserved
- Registration is on-going for practice ice until sessions are full, online sales will end at 11:59pm on Wednesday, July 5
- As of July 6, when Registration opens, all Practice Ice purchases must be made in person, at the Registration desk. Cash only accepted; no checks or credit cards
- Sessions will be filled on a first-come, first served basis
- Maximum number of skaters per session is 12-24 (depending on session)
- Practice Ice Sessions are 20 minutes each
- Final Round Practice Ice Sessions are 15 minutes each
- Compete USA (Basic Skills) Practice Ice Sessions are 15 minutes each
- Skaters **must** provide a separate CD for use during practice ice sessions
- Practice music must be turned in to the Ice Monitor prior to the session and picked up from the Ice Monitor immediately following the session —music will be played via a random draw; not all skaters' music will be played
- No coaches allowed on the ice
- Spins, Jumps, Compulsory Moves, Showcase may practice on Free Skate sessions
- Props are NOT allowed on practice ice sessions
- Once the Practice Ice Reservation is processed, skaters will not be notified of confirmed Practice Ice Sessions. Skaters will only be notified if the requested Practice Ice Sessions are not available, and will be notified promptly
- Practice Ice is non-transferable and non-refundable
- Refunds will be issued only in the case that an event is not held

BASIC SKILLS ANNOUNCEMENT FOLLOWS:

2017 Cannon Texas Open



Compete USA July 8-9, 2017

RULES, CONDUCT and ELIGIBILITY:

The purpose of the event is to promote a fun introduction to the competitive sport of figure skating for the beginner skater. This competition will be conducted in accordance with the rules and regulations of U. S. Figure Skating, as set forth in the Official 2017 U.S. Figure Skating Rulebook, the U.S. Figure Skating Learn To Skate USA Competition Manual. **The competition is open to all (1) LEARN TO SKATE USA skaters who are currently eligible (ER 1.00) members of the U.S. Figure Skating Basic Skills Program and/or are full members of U.S. Figure Skating.**

Learn To Skate USA: The competition is open to all beginner skaters who are either enrolled in a class program or receiving private instruction at the beginner level. Skaters who have passed the USFS Pre-Preliminary test or higher are NOT eligible. All Snowplow Sam and Learn To Skate USA Skaters Levels 1 through 8 must skate at the highest level passed and NO official U.S. Figure Skating tests may have been passed, including MIF or individual dances. Skaters in all other categories/events may compete at their current level or at one level higher (skate up), but not both levels in the same event during the same competition. If a skater competes at a non-qualifying competition in a "Beginner" or "No Test" category, then the skater must compete at the equivalent or higher level in a Basic Skills approved competition. Basic 1-8 and FreeSkate 1-6 divisions will be divided by age into groups no larger than six skaters. All events will be final rounds.

Note: Skaters may join as a Lone Star Figure Skating Club Learn To Skate USA member for a nominal fee.

ENTRIES: Registration due via **ENTRYEEZE** by **9:59pm CST on June 2, 2017.**

NOTE (Skaters/Parents/Coaches): There will be a **\$30.00 change fee** assessed for each change to an event or level after the closing date of entries. Cancellations made for any reason prior to May 28, 2017 will be assessed a **\$50.00 cancellation fee.**

Notification of competition and practice ice times, schedules and announcements will be sent to your email through EntryEeze. Listing a **VALID** email address when you register is essential!

Event Type	Comments	Fee
First Basic Skills event		\$60 or \$30/skater (pair)
Additional Basic Skills event		\$20 or \$10/skater (Pair)
Change Fee	Any change made to events AFTER entry deadline May 28, 2017	\$30
Cancellation Fee/ Contested Charges	No refunds will be made after May 28, 2017. Convenience fees will not be refunded	\$50

REFUND POLICY: Entry fees will not be refunded after June 2, 2017 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$50.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

FACILITIES: The competition will be held at Dr Pepper StarCenter – Farmers Branch, a northwest suburb of Dallas, at 12700 N Stemmons Frwy, Farmers Branch, TX 75234, approximately ¼ mile from LBJ (I-635) and Stemmons Frwy (I-35). The arena has two ice surfaces, each 200' X 85', a full service grille and pro shop.

This event is a standard U.S. Figure Skating Nonqualifying Competition



MUSIC:

A. UPLOAD/SUBMISSION-Online music submission is the ONLY acceptable method to submit program music. The uploaded program MUST conform to the following specifications:

- Only one piece of competition program music (e.g. Short Program, Free Skate, etc.) per file is allowed.
- The uploaded file must be an **MP3** File. Simply changing the file extension to "mp3" from another file format is not acceptable.
- **Bit Rate of 192 kbps** or higher is requested.
- The file should not contain any ID3 metadata (tags). Especially NO embedded images such as album cover art, picture of the skater, etc.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be **NO leaders or trailers** at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

After you have registered and paid for your events in EntryEeze, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "competition" tab and then selecting "My Music".

See EntryEeze announcements on the main page for music submission *deadline date and time*.

B. BACKUP MUSIC AT EVENTS (CDs)

Competitors must submit their music online. In addition, all competitors MUST have at least one (1) backup CD rink side at practice sessions, where program music will be played, and during the actual competition event. CDs must meet the following requirements:

- Clearly marked with a permanent marker with the skater's first and last name, event, and music length.
- Only one (1) music track. Any disk with more than one track is NOT acceptable.
- Lead in time on CDs may not exceed two (2) seconds.
- Music may NOT be submitted on re-recordable CDRW disks.

The LOC is NOT responsible for damage to or loss of CDs. CDs not picked up by the end of the competition are NOT the responsibility of the LOC and will be destroyed.

C. PENALTY FOR INCORRECT MUSIC OR FAILURE TO UPLOAD MUSIC

The LOC may assess each competitor an additional charge of \$25 per event if the competitor

- fails to submit their music prior to the close of online music submission,
- submits files that do not correspond to the specifications above, or
- submits either the incorrect music or needs to make changes to their music after the close of online music submission.

Competitors may NOT receive their credentials at registration until they pay the \$25 per event charge and turn in their music on CD, conforming to the requirements above.

LIABILITY: U.S. Figure Skating, Stars Figure Skating Club of Texas and Dr. Pepper StarCenter accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The 6.0 closed system of judging will be used for all Basic Skills events.

REGISTRATION: Registration will begin on Thursday, July 6, one hour before first event or practice and end on July 9. On competition days, registration will be open one hour before the first event and run through the last event of the day. The registration table will be located at the skate counter. Please register promptly upon arrival. Skaters must check in with the Ice Monitor at least one hour prior to event ice time.

PRACTICE ICE: Compete USA practice Ice will begin July 8 and will be available with limited availability each day of the competition. Practice Ice will be sold through EntryEeze until Registration opens. Then Practice Ice will be sold at Registration, in person, for cash only. Practice ice will continue to be sold until sessions are full.

After close of entries, and by June 25, you will receive an email in order to access your practice ice record and select your session(s) via EntryEeze.

Maximum of 1 Practice Ice sessions may be requested per skater per eligible event. Basic Skills Practice Ice will be 15 minutes in length and is available for Free Skate, Compulsory and Showcase events. Music will NOT be played on Basic Skills practice sessions. Practice sessions will be organized according to level, whenever possible, and limited to 24 skaters. We reserve the right to cancel or change any practice session that has fewer than 5 skaters. All practice ice will be selected by skater. We will allow additional practice ice sales online for \$14.00 per session after the schedule has been posted and once those that pre-register for sessions have had time to select their sessions. PRACTICE ICE SESSIONS ARE NOT REFUNDABLE AFTER CLOSE OF ENTRIES.

Learn to Skate/Compete USA 15 minutes	On or before June 2 \$12	June 25-July 5 (space permitting) \$14	July 6-9 (space permitting) \$18
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PHOTOGRAPHY/VIDEOGRAPHY: Video service and awards photos will be provided by Kevin Devine. The official photographer will be available to take group and individual photographs. The host committee reserves the right to restrict personal video recording to your skater's events only. Photography will be provided for action and podium photos. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. No flash photography during the warm ups or events. Video recording for personal profit is not allowed. Skaters are encouraged to participate in all group award photographs and award presentations, in skating costumes and skates.

AWARDS: Medals will be awarded to first, second and third place in all events. Ribbons will be awarded to fourth, fifth and sixth place. All awards will be presented off-ice at the photographer's within one hour after each event.

OFFICIAL NOTICES: An official bulletin area will be maintained at Dr Pepper StarCenter. Competitors and coaches are responsible for periodically checking this area for schedule changes and special announcements.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C, or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – **no exceptions**. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation, which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

EVENT CONTACT INFORMATION:

Competition Chair

Lisa Phillips

starsfscpresident@gmail.com

Chief Referee

Hope Wheeler

hdwicesk8r@cox.net

Practice Ice

Lisa Phillips

starsfscpresident@gmail.com

Registrar

Debbie Page

ctoregistrar@gmail.com

Assistant Referee

Deb Alsen

alsendeb@gmail.com

Program Advertising & Vendors

Debbie Page

starsfsc treasurer@gmail.com

GENERAL EVENT INFORMATION

HOST HOTEL: Omni Dallas Hotel at Park West at 1590 LBJ Freeway, Dallas, TX (972) 869-4300 located less than 3 miles east of the arena. To reserve by phone call 1-800-THE-OMNI or 1-800-842-6664. Mention “**Cannon Texas Open**” to receive the rate of **\$115.00 per night** plus tax for Double/Double up to four people per room. Reservations MUST be made by: **5:00pm, June 19, 2017** to receive the Cannon Texas Open special rates,

AIRPORT INFORMATION: DFW Airport is served by several major airlines. Dallas-Love Field is served by Southwest, United and Delta. Both airports are within close proximity to Farmers Branch Dr Pepper StarCenter.

COMPETITION PROGRAMS: For program advertising opportunities please contact: Debbie Page
StarsFSCVicePresident1@gmail.com

GATE ADMISSION: No admission fee will be charged for spectators.

EVENT: BASIC ELEMENTS: Snowplow Sam – Basic 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: BASIC PROGRAM: Snowplow Sam – Basic 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: COMPULSORY: Pre-Free Skate – Free Skate 6

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Backward outside three-turns, right and left • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Backward inside three-turns, right and left • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, clockwise and counterclockwise • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half loop jump • Flip jump
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump-loop jump combination • Lutz jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Forward power pulls, right and left • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

EVENT: PROGRAM: Pre-Free Skate – Free Skate 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop jump • Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

ADULT EVENTS: This event can be used as a Compulsory or Program Event**EVENT: ADULT FREE SKATE: Adult 1-6, Pre-Bronze, Bronze**

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

Adult 1 <ul style="list-style-type: none"> • Falling and Recovery • Forward Marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot 	Adult 4 <ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
Adult 2 <ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row 	Adult 5 <ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
Adult 3 <ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, Right and Left 	Adult 6 <ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin
Adult Pre-Bronze: Must have passed no higher than adult pre-bronze free skate test or pre-preliminary free skate test. Time: 1:40 maximum Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements.	Adult Bronze: Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 maximum Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements.

EVENT: SHOWCASE

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 max.
